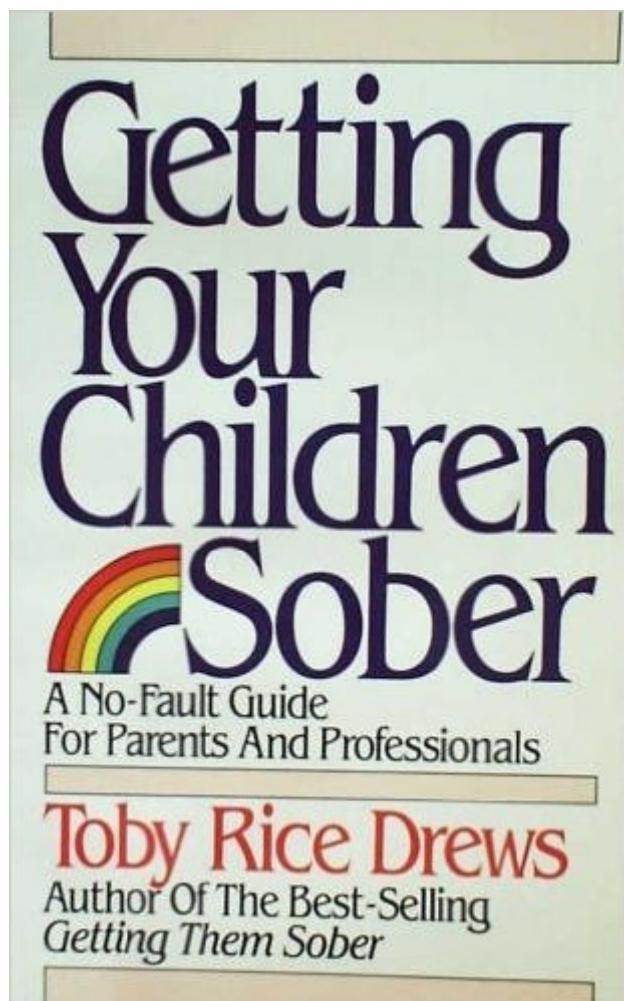


The book was found

Getting Your Children Sober



Synopsis

Supportive, desperately needed counseling for the parents of the 33% of teenagers who are problem drinkers, from the author of Getting Them Sober.

Book Information

Paperback: 163 pages

Publisher: Bridge Publications (December 1987)

Language: English

ISBN-10: 0882706373

ISBN-13: 978-0882706375

Product Dimensions: 8 x 5.2 x 0.4 inches

Shipping Weight: 7.2 ounces

Average Customer Review: 4.8 out of 5 starsÂ [See all reviewsÂ \(9 customer reviews\)](#)

Best Sellers Rank: #1,160,500 in Books (See Top 100 in Books) #147 inÂ Books > Parenting & Relationships > Family Health #1209 inÂ Books > Health, Fitness & Dieting > Addiction & Recovery > Alcoholism #83701 inÂ Books > Self-Help

Customer Reviews

Chapters include: Parents are not guilty -- the genetic facts about alcoholism; Suicide, therapy, and other teen issues; Intervention; If your child is also mentally ill; When adult children of alcoholics are also parents of alcoholics; If your spouse AND child are alcoholic; If you are a recovering alcoholic AND your child is addicted; much, much more. Even if you do not have children --- or do not have children who have alcoholism --Toby strongly suggests that you read the book. There are many chapters in it that will greatly help in a situation with an alcoholic adult. You can access free excerpted chapters of this book at the GettingThemSober Website. It is a must read for all.

excellent discussions to read and takes away the guilt the problem drinkers tend to dump on the sober members of the family. The problem addicts can't take responsibility and always setting up others to take the blame. The children will not necessarily get sober, they have to see that the alcoholic parent is actually very sick and stop blaming the other parent. Why would they when they wish to be drunks themselves. The alcoholic often owns the children as the sober parent thinks differently, and he disturbs their sense of justice.

Very insightful reading. I haven't finished the book yet, but what I have read so far has made sense.

Not only has it given me helpful information, it is also helping me understand "why" I am living through this nightmare...

Very good information included in this. However, it is more geared toward children still under 21 living in your home. In other words, doesn't really apply to grown children living on their own.

Good to read by parents and spouses of alcoholics. Getting all of her books on this topic is a big help, too.

[Download to continue reading...](#)

The Sober Revolution: Calling Time on Wine O'Clock (The Sober Revolution) Getting Your Children Sober Med School Rx: Getting In, Getting Through, and Getting On with Doctoring Get Your Loved One Sober: Alternatives to Nagging, Pleading, and Threatening Beer, Booze and Books... a sober look at higher education Living Sober The Staying Sober Handbook: A Step-by-Step Guide to Long-term Recovery from Addiction Don't Let the Bastards Grind You Down: 50 Things Every Alcoholic and Addict in Early Recovery Should Know, or How to Stay Clean and Sober, Recovery from Addiction and Substance Abuse Getting Started Making Metal Jewelry (Getting Started series) Getting to Know ArcGIS Desktop: Basics of ArcView, ArcEditor, and ArcInfo (Getting to Know (ESRI Press)) Getting Started with Geese (Getting Started with... Book 4) Summary - Getting Things Done: David Allen's Book-- A Full Summary!(Version 2015) -- The Art of Stress Free Productivity! (Getting Things Done: A Full ... Book, Planner, Paperback, Audio, Summary) Legal Writing: Getting It Right and Getting It Written, 5th Edition (American Casebook) Epilepsy In Children: Guide For Parents & Carers On Seizures, Emergencies & Everything Else You Should Know (Epilepsy In Children, Seizures In Children Book 1) Children's Spanish book: A Nunca, Nunca, Nunca Te Rindas! Modelando a Usain Bolt y Derek Redmond (Cuentos para Niños, Children's spanish books): Children's ... Todos podemos nÃº 2 (Spanish Edition) Getting Beyond Bullying and Exclusion, PreK-5: Empowering Children in Inclusive Classrooms Children of the Self-Absorbed: A Grown-Up's Guide to Getting Over Narcissistic Parents Children's Writer's & Illustrator's Market 2016: The Most Trusted Guide to Getting Published Teach Yourself Writing for Children and Getting Published (Teach Yourself Series) Teach Yourself Writing for Children and Getting Published

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